

Week	Date	Module	Lesson Title	Lesson objectives	Curriculum references (PSHE Association)
1	02/09/2024		Expectations		
2	09/09/2024	CEAIG	UCAS Apprenticeship workshop		
3	16/09/2024	RSE	Pregnancy	I can critically discuss the implications of pregnancy choices, the impact of young parenthood, decisions relating to having children and the support available.	H1, R1, R14, R18
4	23/09/2024	RSE	Becoming a young parent	I can critically discuss the implications of pregnancy choices, the impact of young parenthood, decisions relating to having children and the support available.	H1, R1, R14, R18
5	30/09/2024	RSE	Contraception	I am fully aware of the full range of contraception, appropriateness and effectiveness of each and where to access it.	H1, H18, H20, R1, R5, R8, R15, R16, R17, R19
6	07/10/2024	Whole academy mental health week			
7	14/10/2024	RSE	Contraception choices	I can discuss and negotiate contraceptive choices with understanding and diplomacy.	H1, H18, H20, R1, R5, R8, R15, R16, R17, R19
8	21/10/2024	Health and wellbeing	Keeping physically healthy while studying	I can identify ways I can maintain my physical health while balancing my study needs. I can set appropriate and manageable health goals.	H1, H8, H12, H13, L2
	28/10/2024	Half Term			
9	04/11/2024	Health and wellbeing	Preparing to live independently	I can demonstrate my understanding of a range of practical skills that will help me live independently in a way that supports my health and wellbeing.	H1, H12, H13, L1, L2, L13
10	11/11/2024	Health and wellbeing	Healthy eating on a budget	I know the components of a healthy diet and how I can maintain this on a budget.	H1, H12, L13

11	18/11/2024	Health and wellbeing	Managing my mental health when starting uni or work	I can articulate my hopes and fears about the changes I am likely to encounter and set goals for managing the changes I am likely to experience. I can infer from past changes I've experienced how I might manage these future changes and plan accordingly.	H1, H4
12	25/11/2024	Health and wellbeing	Alcohol misuse: personal and social consequences	I can explain how alcohol misuse can adversely affect an individual and their community and suggest ways to mitigate this harm.	H14, H21, H22, H23, H24, R19
13	02/12/2024	Health and wellbeing	Is vaping a cause for concern	To understand the difference between smoking and vaping To identify the different types and strengths of Vaping products To recognise the potential health issues of vaping	H14, H21, H22
14	09/12/2024	Health and wellbeing	The impacts of drugs on our health and wellbeing	Correctly identify the different risks young people are more likely to take at parties, festivals and clubs. Describe the potential dangers of these risks. Explain the risks in detail and also describe the actions you can take to minimise harm amongst friends who choose to take risks.	H14, H21, H22, H23, H24
15	16/12/2024	RSE	Rape and sexual assault	I can explain the personal, social and legal consequences of rape for the victim and perpetrator . I understand what is meant by sexual assault, rape and rape culture (and how it can be challenged). I know how to report rape and access victim support.	H14, H22, R5, R11, R12, R13
	23/12/2024 30/12/2024	Christmas			
16	06/01/2025	RSE	Sexual exploitation & abuse	I can determine behaviours that are associated with sexual exploitation and sexually abusive relationships. I can suggest effective ways to keep myself safe within an intimate relationship including accessing appropriate support and safe ways to exit if needed.	H14, H22, R5, R9, R11, R12, R13, R20, R21, R22, L20

17	13/01/2025	RSE	Sexual Health & STIs	I can confidently take responsibility for my sexual health including minimising the risk of contracting a sexually transmitted infection. I am aware of the steps to take and where to get support if I have concerns about my sexual health.	H1, H18, H19, H20, R5, R8, R15, R16, R17, R19
18	20/01/2025	RSE	Personal safety in relationships	I can assess my relationships and take steps to ensure my safety. I recognise a range of situations that indicate lack of safety and am aware of sources of support.	H14, R5, R13, R19, R20, R22
19	27/01/2025	Yr13 Mock exams			
20	03/02/2025				
21	10/02/2025	Living in the wider world	Gangs and organised crime	I can evaluate the risks and consequences of being involved in gangs and organised crime. I know how to access support if I am concerned about gang culture and wish to exit safely.	H14, H17, R19, R24
	17/02/2025	Half Term			
22	24/02/2025	Living in the wider world	Community impact of organised crime	I can critically reflect on some of the community impacts that result from gang culture, knife crime and organised crime.	R24
23	03/03/2025	National careers week			
24	10/03/2025	Living in the wider world	The law and you	I understand my legal responsibilities as an adult and the consequences of breaking the law. I am aware of the protection I should expect under the law and how to access support if required.	H1, H14, H16, H17
25	17/03/2025	Living in the wider world	Travel safety including abroad	I can effectively appraise a range of travel situations to assess their safety or otherwise. I am aware of my responsibilities as a traveller.	H14, H15, H16, H22, R19, R23
26	24/03/2025	Living in the wider world	Managing emergency situations	I can be decisive in emergency situations and take the appropriate steps to mitigate risk to myself and others.	H14, H17, R23

27	31/03/2025	Living in the wider world	Understanding politics and political influences	I can critically evaluate the role of politics in society and how this impacts my life and choices. I understand how the political system works and understand my role and responsibilities within this as a voter.	R3, R19, R25
	07/04/2025	Easter			
	14/04/2025				
28	21/04/2025	Living in the wider world	Are human rights balanced in society	I can debate and justify my thoughts about human rights in society and whether I feel they are balanced or not. I can suggest ways that organisations such as NGO's support the human rights agenda.	H14, R11, R12, R20, R25
29	28/04/2025	Living in the wider world	Differences in societal values	I can compare some of the opposing views held within different sectors of society about current issues. I can propose ways to promote greater community cohesion where opposing views could potentially cause conflict.	R2, R3, R23, R25, L20, L23, L24
30	05/05/2025	Living in the wider world	Building a positive online profile	I can effectively appraise my digital footprint and can take action to ensure it reflects an accurate and positive personal profile. I can protect my online identity and reputation.	L20, L21, L22, L23, L24, L25
31	12/05/2025	Plume wellbeing week			
32	19/05/2025	Living in the wider world	Workplace legislation	I am aware of the range of legislation that is in place in the workplace to protect individuals and organisations. I am able to critically reflect on the role of professional bodies including trade unions and the role they play in supporting and protecting individuals.	H1, H23, L8, L9, L10, L11, L12