



PLUME ACADEMY - LEARNING OVERVIEW

Year	Nine
Subject	Personal Development

Prior Learning

The Year 9 programme of study in Personal Development builds our student's Yr7&8 experience of the range of curriculum topics as highlighted in the curriculum intent.

Curriculum Intent – What are the curriculum aims?

The RSE unit intends for students to be fully informed in a safe environment where sensible questions are welcome. Assuming that the starting point in terms of knowledge is different for each student, regardless of ability, the unit is designed to look at the law on sex and then some of the more debateable issues. This unit intends that students are informed to make appropriate decisions and consider deeply the moral, legal and personal consequences of sex. The unit is taught using inclusive language to ensure that all groups of students are represented.

Pupils will develop their personal wellbeing by studying with wellbeing and mental health. This is designed to be implemented at a time when students of this age are beginning to develop more independence both in terms of personal choices affecting wellbeing and being more independent when being out without a responsible adult.

To develop a deeper understanding of government. This includes understanding general political ideas/philosophies and considering the challenges governments face in terms of monetary policies how this might link to political ideas/philosophies. This unit is designed to further understand different levels of government and political decision making at both local, national and international level.

The use of media is such an important part of everyday life and most people will have their knowledge of events and current affairs informed by various forms of media. These lessons are to support students in developing their media literacy skills, including detecting false or misleading news and bias. Students will also develop an awareness of their rights and responsibilities about their personal media usage including in social media. They will also study how the media can have potentially negative consequences on their wellbeing with a RSE related focus on body image and pornography and gambling. All three of these issues have been highlighted as causing greater anxiety and risk to students due to the ready availability of this material.



Curriculum Implementation – What my child will be learning?

Week	Date	Module	Lesson Title	Lesson objectives
1	02/09/2024	Living in the wider world	Gangs	I can explain why people might join a criminal gang I can assess how choices result in positive or negative experiences I can explain how people can correct the bad choices they have made I know where to go for more support
2	09/09/2024	Living in the wider world	Choices and consequences	I can assess events and see how to stop things getting out of control I can learn to trust my own instincts and be my own boss I can explain and challenge why carrying knives is not a good choice I know where to go for more support
3	16/09/2024	Living in the wider world	Victims	I can assess the consequences of knife crime I can explain that it is not just the people involved at the moment of crime who are victim I know where to go for more support
4	23/09/2024	Living in the wider world	Offenders	I can explain the negative consequences of offending I can assess the realities of offending I can explain that offenders not only ruin their lives but also those who care for them I know where to go for more support
5	30/09/2024	Living in the wider world	Serious and organised crime	Explain the reasons why some people might get involved in serious and organised crime Describe the far-reaching consequences of getting involved in serious and organised crime Explain the factors and strategies that can help people avoid, or get out of, serious and organised crime Describe positive ways in which young people can make the most of their skills and abilities
6	07/10/2024	Living in the wider world	Women in society	To understand how women feel in society. To recognise why women feel threatened in society. To identify way to understand how women feel and ways to support them.



7	14/10/2024	Living in the wider world	Acid attacks	<p>Describe how to immediately treat an acid attack victim and explain why these attacks are on the increase. Explain why it is difficult to criminalise the sale of acids and why acids are such dangerous substances.</p> <p>Explain, using all today's new key terminology in the correct context, how an attack can steal the identity of the victim and ruin the life of the perpetrator too.</p>
8	21/10/2024	Relationship and Sex education	Body image - Female focus	<p>Correctly identify body image issues which affect males and females and explain why we shouldn't worry about how bodies are presented in the media</p> <p>Explain how media images are often unattainable and whether or not the situation is getting better or worse.</p> <p>Explain using precise source examples how media images are often unattainable, whether or not the situation is getting better or worse and evaluate whether there is more pressure on males or females.</p>
	28/10/2024	Half Term		
9	04/11/2024	Relationship and Sex education	Body image - media and eating disorders	<p>Correctly identify different eating disorders and their symptoms</p> <p>Describe possible ways for us to retain good mental and physical health to help prevent eating disorders developing</p> <p>Explain how keeping good mental health could help prevent eating disorders and how eating disorders can be treated.</p>
10	11/11/2024	Relationship and Sex education	How can we deal with peer pressure	<p>Identify strategies to resist peer pressure and reasons this can be so difficult.</p> <p>Describe the best ways particular case studies can resist peer pressure and the meaning of herd mentality.</p> <p>Explain the difference herd mentality, herd behaviour and peer pressure and analyse which strategies will work best in which case.</p>



11	18/11/2024	Relationship and Sex education	Domestic violence and abusive relationships	Identify 'red flags' that someone may be in an abusive relationship. Describe how a person in an abusive relationship could receive help and the services they can access. Explain why a person may stay in an abusive relationship, even when it is making them feel bad and they know it is abusive.
12	25/11/2024	Relationship and Sex education	How does child exploitation happen	Correctly identify the warning signs of CSE and what we can do if we suspect a case of CSE. Describe three most important red flags for both online and offline safety which suggest cases of CSE. Explain the manipulation techniques used by abusers and why we should leave investigation to the authorities.
13	02/12/2024	Relationship and Sex education	Respecting identity and individuality	Correctly identify the different LGBTQAI identities and what the community want us know about these. Describe the difference between these identities and use the new terms articulately and in the correct context. Explain the problems of gender stereotyping and why you can't always tell people's genders just by looking at them.
14	09/12/2024	Relationship and Sex education	British community, religion and culture	Describe the successes of a contemporary celebrity who is both loyal to their religion and loyal to British values. Explain how being loyal to both your religion and British values is achieved. Analyse what issues different people may have to overcome to remain loyal to their religion and British values and explain how they manage to do this.
15	16/12/2024	Rights and responsibilities	Human rights charity focus Unicef	Explain in which circumstances UNICEF provide aid to children and why. Analyse what would happen in particular case studies if UNICEF's aid did not reach the intended children. Evaluate how much the political climate has played a role in causing each disaster.
	23/12/2024 30/12/2024	Christmas		



16	06/01/2025	Rights and responsibilities	Human rights trafficking and genocide	<p>Describe how modern slavery and human trafficking happen and the risks they pose to the victims.</p> <p>Explain why modern slavery and human trafficking happen, how victims are trafficked, working conditions and the risk of abuse.</p> <p>Explain why the most vulnerable groups are at most risk, why it is difficult to prevent trafficking and the UK and international law surrounding both trafficking and modern slavery.</p>
17	13/01/2025	Rights and responsibilities	Human rights is aid the answer	<p>Describe the different types of aid and how the UK helps other countries in need.</p> <p>Explain that there are different types of aid and how they can be used in different situations.</p> <p>Analyse whether aid can be sustainable and whether the UK should be spending more or less money on foreign aid.</p>
18	20/01/2025	Rights and responsibilities	Sustainability for all	<p>Describe the current situation that faces humanity concerning meat farming and what we could do to bring about positive change.</p> <p>Explain why the current situation is unsustainable and why we must start caring for our environment and resources more responsibly.</p> <p>Personally analyse the best way you could help ensure resources and the environment are used responsibly and sustainably, on a local and global level.</p>
19	27/01/2025	Rights and responsibilities	Our rights as consumers	<p>Identify correctly the outcomes for consumers in situations where their rights have not been upheld.</p> <p>Describe why we have consumer rights and what these rights are in particular circumstances.</p> <p>Explain the responsibilities sellers have in upholding consumer rights.</p>



20	03/02/2025	Rights and responsibilities	My right to achieve	<p>Challenge: Identify poor decisions, what we want to achieve from our time at school and what we need to work on in order to do this.</p> <p>More challenging: Describe our classroom behaviour rules and what we will do to help establish these and invest in our future selves.</p> <p>Mega challenge: Analyse what the future may hold for us if we ignore the classroom rules and don't invest in our future selves.</p>
21	10/02/2025	Careers	Enterprising skills and qualities	<p>Correctly identify how the case studies use enterprising skills and qualities. Describe which enterprising skills and qualities you share and how you have previously used those skills.</p> <p>Explain how you plan to use enterprising skills and qualities in the future.</p>
	17/02/2025	Half Term		
22	24/02/2025	Careers	Personal development plan	<p>Complete your own Personal Development Plan using your ideas sheet and your own ideas too – setting yourself dates to achieve your goals. Create a Personal Development plan using the ideas sheet for inspiration but creating all of the targets yourself. Create your own Personal Development plan, then be the class expert and ensure others have picked appropriately challenging targets for their plans.</p>
23	03/03/2025	Careers	What can we learn from entrepreneurs	<p>Identify the personality qualities that make up an enterprising personality and match up the card sort correctly. Describe the qualities you have that fall under the category of an enterprising personality and explain the difference between an enterprising person and an entrepreneur.</p> <p>Analyse the likelihood of people with enterprising personalities ending up in careers as entrepreneurs.</p>



24	10/03/2025	Careers	Applying and preparing for my future	<p>Correctly identify what would improve or worsen a person's employability in the eyes of employers.</p> <p>Describe what applicants could do to improve their chances in gaining job interviews and securing employment.</p> <p>Explain why some applicants would be picked over others by putting yourself in the position of the employer.</p>
25	17/03/2025	Careers	How do I choose a career that's right for me?	<p>Identify how we can research careers successfully and create an action plan to find the right career to suit you.</p> <p>Describe in detail how you will take each step on your action plan and what you hope to achieve at each stage.</p> <p>Explain what you will do if you discover the career you were originally planning for isn't suited to your personality and qualifications. Evaluate the most important factors to take into account when choosing a career.</p>
26	24/03/2025	Careers	Rights and responsibilities in the workplace	<p>Identify some considerations employers make when choosing who to employ</p> <p>Apply legal knowledge to real life employment scenarios, clearly justifying choices made</p> <p>Question the law and how useful it is when considering the rights of both employers and employees</p>
27	31/03/2025	Personal Wellness	Selfies	<p>Correctly identify the potential problems our sharing images of ourselves on the internet.</p> <p>Describe the possible long and short term consequences of sharing images of ourselves on the internet.</p> <p>Explain the how companies can use our images through 'implicit consent' and how selfie culture affects our personal body image.</p>
	07/04/2025	Easter		
	14/04/2025			



28	21/04/2025	Personal Wellness	Anxiety	<p>Correctly identify physical and mental symptoms of anxiety and some ways to deal with anxiety</p> <p>Describe possible ways for us to deal positively with anxiety in the form of a letter including statistics from health professionals</p> <p>Explain how a teenager can deal positively with anxiety and help reduce the symptoms and the differences between stress, anxiety and depression.</p>
29	28/04/2025	Personal Wellness	Self-Harm	<p>Correctly identify cases of self-harm, dermatillomania, anxiety and depression.</p> <p>Describe the characteristics of the above and how we can help support the different conditions.</p> <p>Explain the difference between self-harm and dermatillomania and how we should support sufferers of either condition.</p>
30	05/05/2025	Personal Wellness	Coping with Stress	<p>Correctly identify mental health illnesses and the symptoms of stress</p> <p>Describe possible ways for us to retain good mental health and how we can deal positively with stress</p> <p>Explain how you could apply ideas you have learned about dealing positively with stress to your own life</p>
31	12/05/2025	Personal Wellness	The effects of alcohol	<p>Describe some negative effects of excessive alcohol drinking.</p> <p>Explain how excessive alcohol drinking can damage the body.</p> <p>Analyse why people continue to drink alcohol excessively, despite having knowledge of the risks.</p>
32	19/05/2025	Personal Wellness	Drugs and the law	<p>Describe our opinions on current UK law after studying source evidence and government legislation. Describe the short and long term risks of illegal drug use.</p> <p>Explain any issues faced by current UK legislation in relation to medical evidence as well as the legal and health risks posed by illegal drug use in the UK.</p>
	26/05/2025	Half Term		



33	02/06/2025	Personal Wellness	Vaccinations organs and blood donation (Part 1)	Identify the different responsible health choices we need to make. Describe the impact of these on others. Describe what could happen to our health if we don't look after our personal hygiene and get vaccinated. Describe how donation helps our wider community. Explain why having poor personal hygiene can have a major effect on our health. Explain why some people have objections to stem cell research and vaccinations.
34	09/06/2025	Personal Wellness	Vaccinations organs and blood donation (Part 2)	Identify the different responsible health choices we need to make. Describe the impact of these on others. Describe what could happen to our health if we don't look after our personal hygiene and get vaccinated. Describe how donation helps our wider community. Explain why having poor personal hygiene can have a major effect on our health. Explain why some people have objections to stem cell research and vaccinations.
35	16/06/2025	Living in the wider world	How can I avoid debt	Correctly identify ways we can avoid debt and stay financially savvy through case studies. Explain how each teenager can avoid or at least minimise their debts and use the key terms in context. Analyse how poor financial circumstances can be avoided in the future by savvy financial planning in the present.
36	23/06/2025	Living in the wider world	Money management	Identify relevant financial organisations which can provide information of current accounts, savings and loans. Describe the purpose of different types of financial products and institutions through the creation of a visual display. Explain which accounts are appropriate for particular purposes and suitable for particular individuals.



37	30/06/2025	Living in the wider world	Why can't some children access education	Identify some factors which stopped Mahder going to school Describe how a number of reasons could have stopped Mahder from going to school. Explain in detail why Mahder didn't go to school.
38	07/07/2025	Living in the wider world	Discrimination and the equality act	Correctly identify cases of discrimination. Explain why we needed the Equality Act 2010 and still do today by describing problems which occurred prior to the law's creation. Create examples of your own to test your own and a partner's knowledge of the Equality Act.
39	14/07/2025	Living in the wider world	Radicalisation and extremism	Identify the different types of radical groups. Describe how a group may try and radicalise someone. Explain why online radicalisation is a problem.

Curriculum Impact – How will progress be assessed?

Students will be assessed in a variety of ways.

- End of unit personal reflection
- Contributes to class-based discussions
- Completes all extension tasks
- Uses relevant examples in class and throughout assessments
- Can form a balance argument giving more than one point of view
- Refer to source content where needed throughout assessments
- Keeps up to date with current affairs and uses relevant examples where appropriate.

Super-Curricular Opportunities – Extending Learning

Useful supporting resources:	If a student is really passionate about this subject, they could:	As a parent/carer, I can assist my child in this subject by:
There are a huge amount of supportive websites for each of the topics we cover in Personal Development which are shared with the students for each lesson.	Read around the subject via books, magazines and websites, watch documentaries or listen to podcasts on various themes.	Facilitating your child in accessing the resources mentioned. Speak to them about the resources or about the news and ask questions. Encourage your child to ask their own questions; then go and research the answers.