

Ref: JFR/SME

21 November 2024

Dear Parents and Carers,

Kinetix Academy – Sunday 19 January 2025 – Young Carer Session

We are excited to inform you that the Plume Academy have been contacted by Kinetix Academy who have offered a young carer sport and physical activity session, for the young carers who attend Plume. **The activity is free of charge** but will require you to complete the initial form with your child/ren details and a questionnaire/feedback form to be completed after the session.

The sports provision will include supervised parkour, acrobatics, and circus skills followed by food with their peers. The Kinetix Academy focuses their activities around overcoming obstacles, helping young people to become more resilient and build self-esteem, whilst having fun. The project aims to use sport and physical activity to help young people feel more confident, engage with positive role models, have positive experiences, and become more active.

If you are interested in your child/ren taking part in this provision, it is essential that you complete the [Form](#) provided by the Kinetix Academy by Wednesday 8 January 2025 at the latest. This is the declaration to participate and includes medical/food needs that will need to be completed in advance of the session. **If the declaration is not completed your child/ren will not be able take part in the session.**

To participate in the above activities, the young people will need to wear sports clothes that are comfortable - most of the young people wear t shirts/jogging bottoms or shorts and trainers that do up.

Staff and Transport are not provided by the Plume Academy, so please be aware that you will need to transport your child/ren to and from the address below. Please bear in mind that the young people will be assisted by the members of staff at the Kinetex Academy with the activities but will not have constant 1-1 support by an individual.

FAQ [here](#).

Session Date and Time: Sunday 19 January 2025

Times: 3pm-5pm

Address:

Kinetix Academy
Unit 3E Moss Road
Witham
Essex
CM8 3UW

If you have any questions, please contact me on j.frost@plume.essex.sch.uk or on the following extensions: 8213/8361

Yours sincerely,



Mrs J Frost
Transitional Safeguarding & Young Carer Coordinator

Kinetix Academy sports Provision – Young Carers

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Please return the completed slip on or before 30 November 2024 to Reception, attention of Mrs. J Frost, or via email to j.frost@plume.essex.sch.uk

Name:Signature:

Date:Child's name:

I would like my child to take part in the Kinetix Academy Sports Provision	
I do not want my child to take part in the Kinetix Academy Sports Provision	

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'Plume - Maldon's Community Academy' is the trading name of Plume School

Plume, working with:

